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Single Mom Support Group Returning to Kansas City!

Kansas City, MO - August 26, 2008 Almost ten years ago, Teri Worten was frustrated by the lack of resources available to single mothers in the Kansas City area. As a result, she formed Sisters Helping Sisters, a network to offer support, information and developmental opportunities for mothers parenting alone.

For several years, Teri hosted these free single mom support meetings in local libraries throughout the metro. In 2006, she remarried and discontinued the meetings in hopes that "someone else" would continue the support groups.

But no one did.

"It's been several years and people still stop me around the community to inquire about the meetings" says Worten Brooks. "It's difficult to tell the ladies that the meetings no longer exist". As a result, Teri Worten Brooks has re-launched the single mom support groups at the Plaza Library at 4801 Main Street in Kansas City, Missouri. "It's somewhat sentimental, because that is exactly where I hung my first flyer in 1998!" exclaims Worten Brooks. Further, she believes that perhaps many of the sad headlines about single moms might not be so prominent if those women had support, guidance and accountability as part of their lives.

Each meeting includes a subject-matter expert to share insights, tools and resources to enable single moms to develop themselves as women and strengthen their capacity as mothers. The next group meeting is scheduled for August 26, 2008 and will begin at 6:00 p.m. at the library.

Sisters Helping Sisters is a volunteer-driven nonprofit organization. Women are not charged any fees, dues or monies for support offered by the group.

For more information, visit www.sistershelpingsisters.org or call Teri Worten Brooks at 816-335-1414.

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